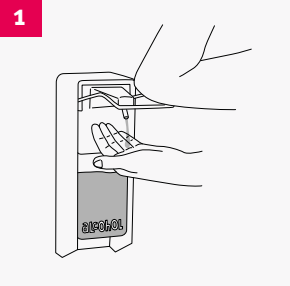


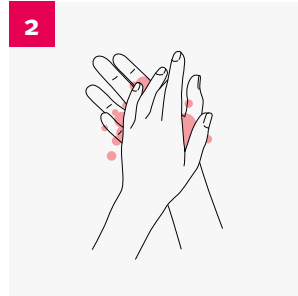
Handdesinfectie met handalcohol



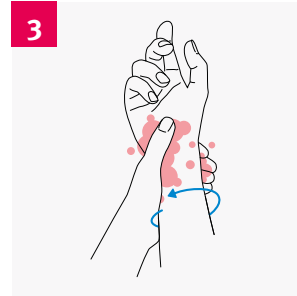
30
SEC



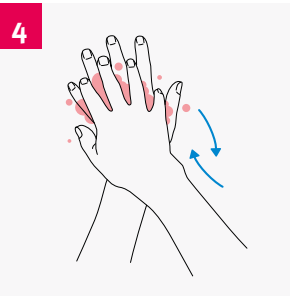
1 Breng handalcohol aan



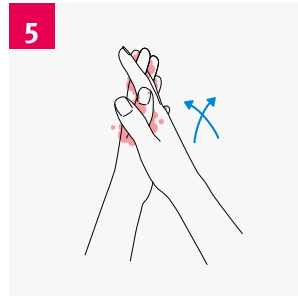
2 Wrijf de handpalmen over elkaar



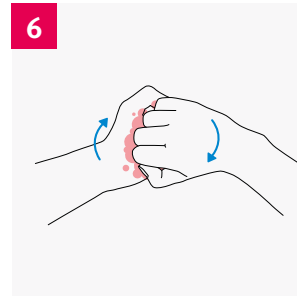
3 Wrijf de polsen



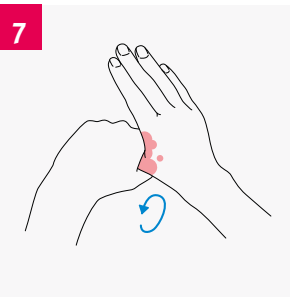
4 Wrijf de handrug en zijkant vingers. Herhaal aan de andere hand



5 Wrijf de handpalmen en zijkant vingers



6 Wrijf de buitenkanten van de vingers



7 Wrijf de duimen

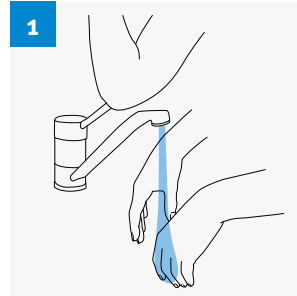


8 Wrijf de vingertoppen

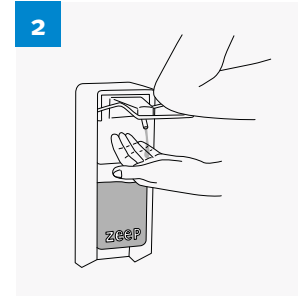
Handreiniging met water en zeep



60
SEC



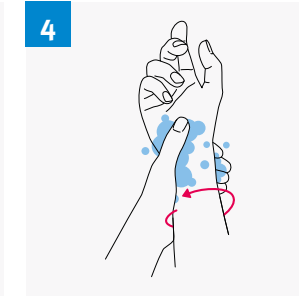
1 Open de kraan en maak de handen nat



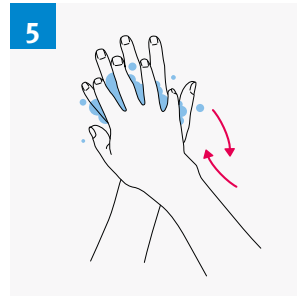
2 Breng vloeibare zeep aan



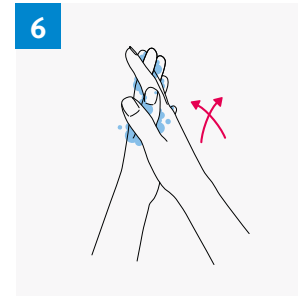
3 Wrijf de handpalmen over elkaar



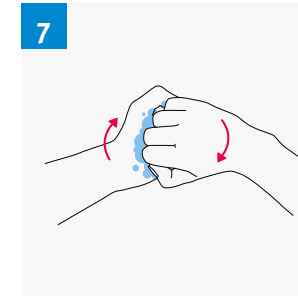
4 Wrijf de polsen



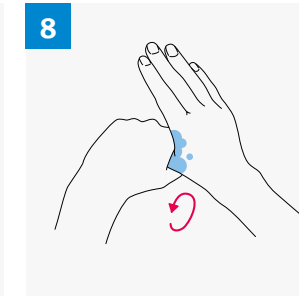
5 Wrijf de handrug en zijkant vingers. Herhaal aan de andere hand



6 Wrijf de handpalmen en zijkant vingers



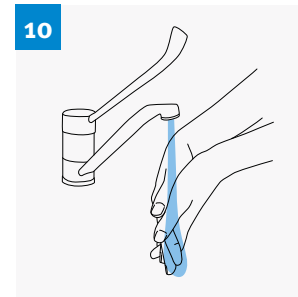
7 Wrijf de buitenkanten van de vingers



8 Wrijf de duimen



9 Wrijf de vingertoppen



10 Spoel de handen goed af



11 Dep de handen droog



12 Sluit de kraan met elleboog of doekje en werp het handdoekje in de afvalbak